The Rife Handbook of Frequency Therapy and Holistic Health
an integrated approach for cancer and other diseases

*Updated and Expanded 5th Edition*

Nenah Sylver, PhD
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Nearly all people die of their medicines, and not of their illnesses.
—Molière, French writer (1622–1673)

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Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to petrified opinion never yet broke a chain or freed a human soul.
—Mark Twain, American writer, critic and humorist (1835–1910)

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—Thomas Alva Edison, American Inventor (1847–1931)

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- Nutrient Depletion
- Hormone Malfunction
- Impeded Oxygen Transport
- Impaired Brain Chemicals
- Glycemic Index Propaganda
- “If It’s Sweet, It Must Be Sugar”

#### Types of Sweeteners

- Sucrose / Table Sugar / White Sugar
- Molasses
- Dehydrated Sugar Cane Juice
- Maple Syrup
- Coconut Sugar / Coconut Palm Sugar / Palm Sugar / Coconut Nectar (Sap)
- Date Sugar
- Honey
- Fructose
- High Fructose Corn Syrup (HFCS)
- Agave Syrup
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### Enjoy What You Eat
Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—Benjamin Rush, a signer of the Declaration of Independence

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Q. Some frequencies are said to regenerate an organ or gland, rather than kill pathogens. How is this possible? And why didn’t Royal Rife address this?.....581

Q. My unit has settings for different shaped waves: square, sine, and sawtooth. What’s the difference between them? ......................582

Q. How do I know that Rife Therapy is safe? If it kills pathogens, won’t it harm me? ......................582
Q. Most rife units that shatter or disable pathogens under a microscope or in a Petri dish are unable to achieve the same result in live human beings. Why? Is there something wrong with the machine? .................................................. 582

Q. If the frequencies are so effective, why do I need to use the machine more than once? ........................................ 583

Q. Pathogens can become resistant to antibiotics. Can they develop a similar immunity to frequencies and proliferate? .................................................. 584

Q. How much frequency drift is allowable for the rife equipment to still be effective in destroying pathogens? ...... 584

Q. There are some units that deliver frequencies in rapid succession, usually in the high range. Are these machines effective? .................................................. 585

Q. Is there any other equipment that’s compatible with Rife Therapy that might help me? .................................................. 585

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Q. Rifing relieved pain I had for decades. If the frequencies are supposed to kill pathogens, why would they work for pain? .................................................. 590

Q. I’ve been taking powerful drugs for my condition. Can I still give myself rife sessions? .................................................. 590

Q. Are there any conditions that rifing can’t help? .................................................. 590

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Q. How effective is the therapy if the machine I’m using wasn’t built by Royal Rife himself? Is it possible to obtain an original Rife Ray? .................................................. 590

Q. Are any of Rife’s microscopes still in existence? And do they work? ........ 590

Q. If Rife Therapy is successful, why haven’t I heard about it? .................................................. 590

Q. Where can I find documentation of successful clinical trials showing that Rife Therapy has cured illness? And where is this technology being used today? ...... 592

Q. Where can I find the devices you mention in this book? .................................................. 593

Q. Why don’t you discuss [a particular] machine? .................................................. 593

Q. Why don’t you, the author, manufacture or sell frequency devices? .................................................. 594

Q. How can I learn more about Rife Therapy? .................................................. 594

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Q. My doctor says that if Rife Therapy really worked, he’d know about it. So how can I be sure that it’s effective? .... 586

Q. Instead of buying my own machine, shouldn’t I see a doctor or qualified rife practitioner for sessions? I’m afraid I won’t know what I’m doing and will hurt myself. .................................................. 586

Q. I have a serious illness and require medical supervision. How can I find a doctor to work with while I give myself rife sessions—someone who’s knowledgeable about Rife Therapy? .... 586

Q. I want to try Rife Therapy before buying a unit, to see if the technology works. How can I find a health professional who has a rife machine? .................................................. 587

Q. I am a health practitioner and want to use a rife machine in my office. What do I need to know? .................. 588

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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.
— Hippocrates, “Father of Medicine” Greek physician (460–400 BC)

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Frequency Directory

This outline does not include single, stand-alone entries, which are in alphabetical order.

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Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—Charlotte Perkins Gilman, American writer, poet, lecturer, social critic and activist (1860–1935)

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Also note: A huge number of valuable books and research papers were used in the writing of this book. Space limitations made it impossible to list all the prominent authors and their publications. Therefore, the individuals listed here are limited to historical figures involved with Royal Rife, influential people in the modern Rife community who were quoted rather extensively, and selected scientists involved with medical research. No slight is intended of those who were omitted. You can always find these people and their work in the Endnotes and in References.

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