

Syllabus
PT 186 Beyond Psychosis: Typology of Conflict and Defense
C. Melnik Fall 2018

Tues. 5:30-7:30
CMPS: 30 Clock Hours
NYGSP: 2 Credits

Course Description

This course deals with a range of pathologies likely to be met at the Consultation and Referral Service and in current private practice. It is taken after at least one year at the fieldwork placement.

Course Objectives

The student will be able to:

- identify, describe, and discuss the psychodynamics of symptoms, core conflict, and characteristic defenses inherent in neuroses and character disorders; and
- diagnose the neurotic and character disorders in terms of drives, wishes, affects, defense, interpersonal style, and objective countertransference.

Teaching Methods

Guided discussions of assigned readings and case material presented by the instructor and the students.

Methods of Evaluation

Students are evaluated on the basis of their progressive understanding of psychopathology as evidenced by class participation and logs. A final term paper is required to be discussed in class.

Logs: Each week students write logs describing their emotional and intellectual experience of the previous class session. Logs can be submitted to me electronically at melnikcs@hotmail.com. Students' reactions to the readings should be included. Logs received the Saturday before the next class will usually be responded to. Logs to be sent no later than Sunday before the next class.

Paper: Students will write an 8-10 page paper critically assessing one clinician's work with a patient covered during the term. Students can research their topic using a number of electronic databases available via the library. The paper should follow APA style (e.g., see *Modern Psychoanalysis*) and incorporate a minimum of five references from the assigned reading list.

To access full text documents from the PEP links, you'll need to first log into your PEP account.

Assigned Readings

Class 1

Introduction

Green, A. (2005). Inducing clinical thinking. In *Psychoanalysis: A paradigm for clinical thinking* (pp. 8-29). London, England: Free Association Books.

Wallerstein, R. S. (2006). Psychoanalytically based nosology: Historic origins. In *Psychodynamic diagnostic manual* (pp. 385-402). Silver Spring, MD: Alliance of Psychoanalytic Organizations.

Class 2

Background

Abrams, S. (1992). Confronting dilemmas in the study of character. *Psychoanalytic Study of the Child*, 47, 253-262.

<http://www.pep-web.org/document.php?id=psc.047.0253a>

Baudry, F. (1984). Character: A concept in search of an identity. *Journal of the American Psychoanalytic Association*, 32, 455-477.

<http://www.pep-web.org/document.php?id=apa.032.0455a>

Class 3

Hysteria

Film (to be viewed before class)

Lee, A., & Basmajian, S. (Producers), & Polley, S. (Director). (2008). *Stories We Tell* [motion picture]. Canada: National Film Board of Canada.

Shapiro, D. (1965). Hysterical style. In *Neurotic styles* (pp. 108-133). New York, NY: Basic Books.

Class 4

Obsessions

Film (to be viewed before class)

Amit, A., Dobrin, A., Harris, E., & Ludwig, S. (Producers), & Lester, C. (Director). (2008). *My Mother's Garden* [motion picture]. United States: See Through Films.

Freud, S. (1962). Obsessions and phobias. In J. Strachey (Ed. and Trans.), *The standard edition of the complete psychological works of Sigmund Freud* (Vol. 3, pp. 74-82). London, England: Hogarth Press. (Original work published 1895)

<http://www.pep-web.org/document.php?id=se.003.0000a>

Class 5

Phobia

Green, A. (2005). The central phobic position. In *Psychoanalysis: A paradigm for clinical thinking* (pp. 134-167). London, England: Free Association Books.

Phillips, A. (2013). Looking at obstacles. In *One way and another: New and selected essays* (pp. 29-43). London, England: Hamish Hamilton.

Class 6

Anxiety and Neurosis

Busch, F. N. (1995). Agoraphobia and panic states. *Journal of the American Psychoanalytic Association*, 43, 207-221.

<http://www.pep-web.org/document.php?id=apa.043.0207a>

Freud, A. (1977). Fears, anxieties, and phobic phenomena. *Psychoanalytic Study of the Child*, 32, 85-90.

<http://www.pep-web.org/document.php?id=psc.032.0085a>

Class 7

Borderline and Narcissistic Personality

Fonagy, P. (1991). Thinking about thinking: Some clinical and theoretical considerations in the treatment of a borderline patient. *International Journal of Psychoanalysis*, 72, 639-656.

<http://www.pep-web.org/document.php?id=ijp.072.0639a>

Green, A. (2005). Hysteria and borderline cases: Chiasmus. In *Psychoanalysis: A paradigm for clinical thinking* (pp. 72-98). London, England: Free Association Books.

Class 8

Schizoid Personality

Bion, W. (1959). Attacks on linking. *International Journal of Psychoanalysis*, 40, 308-315.

<http://www.pep-web.org/document.php?id=ijp.040.0308a>

Klein, M. (1946). Notes on some schizoid mechanisms. *International Journal of Psychoanalysis*, 27, 99-110.

<http://www.pep-web.org/document.php?id=ijp.027.0099a>

Optional reading:

Guntrip, H. (1969). The schizoid personality and the external world. In *Schizoid phenomena, object relations and the self* (pp. 17-48). New York, NY: International Universities Press.

Class 9

Depression

Joseph, B. (1982). Addiction to near-death. *International Journal of Psychoanalysis*, 63, 449-456.

<http://www.pep-web.org/document.php?id=ijp.063.0449a>

Miller, F. (1985). Hopelessness: A narcissistic resistance. *Modern Psychoanalysis*, 10, 65-79.

<http://www.pep-web.org/document.php?id=mpsa.010.0065a>

Class 10

Paranoid Character

Cooper, A. M. (1993). Paranoia: A part of most analyses. *Journal of the American Psychoanalytic Association*, 41, 423-442.

<http://www.pep-web.org/document.php?id=apa.041.0423a>

Shapiro, D. (1965). Paranoid style. In *Neurotic styles* (pp. 54-107). New York, NY: Basic Books.

Class 11

Perversions

Coen, S. J. (1998). Perverse defenses in neurotic patients. *Journal of the American Psychoanalytic Association*, 46, 1169-1194.

<http://www.pep-web.org/document.php?id=apa.046.1169a>

Joseph, B. (1971). A clinical contribution to the analysis of a perversion. *International Journal of Psychoanalysis*, 52, 441-449.

<http://www.pep-web.org/document.php?id=ijp.052.0441a>

Class 12

Masochistic Personality

Goldwater, E. (1994). Impulsivity, aggression, fantasy, space and time. *Modern Psychoanalysis*, 19, 19-26.

<http://www.pep-web.org/document.php?id=mpsa.019.0019a>

Kernberg, O. F. (1995). Technical approach to eating disorders in patients with borderline personality organization. *Annual of Psychoanalysis*, 23, 33-48.

<http://www.pep-web.org/document.php?id=aop.023.0033a>

Meadow, P. (1994). The role of aggression in impulse disorders: Discussant's remarks. *Modern Psychoanalysis*, 19, 27-32.

<http://www.pep-web.org/document.php?id=mpsa.019.0027a>

Texts: The following texts are significant teaching texts in that they explain many of the theoretical concepts and problems seen in clinical work as well as in the work of becoming an analyst.

- 1) PDM Task Force (2006). *Psychodynamic diagnostic manual (PDM)*. Silver Springs, MD: Alliance of Psychoanalytic Organizations.
- 2) Lingiardi, V., & McWilliams, N. (Eds.). (2017). *Psychodynamic diagnostic manual, second edition: PDM-2*. New York, NY: Guilford Press.
- 3) Moore, B. E., & Fine, B. D. (Eds.). (1995). *Psychoanalysis: The major concepts*. New Haven, CT: Yale University Press.
- 4) McWilliams, N. (2011). *Psychoanalytic diagnosis: Understanding personality structure in the clinical process* (2nd ed.). New York, NY: Guilford Press.
- 5) Spontnitz, H. (1985). *Modern psychoanalysis of the schizophrenic patient* (2nd ed.). New York, NY: Human Sciences Press.
- 6) Geltner, P. (2013). *Emotional communication: Countertransference analysis and the use of feeling in psychoanalytic technique*. New York, NY: Routledge.

Additional Recommended Readings

Aviv, A., & Springman, R. (1990). Negative countertransference and negative therapeutic reaction: Prognostic indicators in the analysis of severe psychopathology. *Contemporary Psychoanalysis*, 26, 692-715.

Balint, M. (1945). Friendly expanses: Horrid, empty spaces. *International Journal of Psychoanalysis*, 36, 225-241.

Brenner, C. (1991). A psychoanalytic perspective on depression. *Journal of the American Psychoanalytic Association*, 39, 25-43.

Brenner, C. (1994). The mind as conflict and compromise function. *Journal of Clinical Psychoanalysis*, 3, 165-180.

Bromberg, P. M. (1983). The mirror and the mask: On narcissism and psychoanalytic growth. *Contemporary Psychoanalysis*, 19, 359-386.

Castelnuovo-Tedesco, P., & Reiser, L. W. (1988). Compulsive eating: Obesity and related phenomena. *Journal of the American Psychoanalytic Association*, 36, 163-171.

- Compton, A. (1998). An investigation of anxious thought in patients with DSM-IV Agoraphobia/Panic Disorder: Rationale and design. *Journal of the American Psychoanalytic Association*, 46, 691-721.
- Fenichel, O. (1945). Anxiety as neurotic symptom: Anxiety hysteria. In *The psychoanalytic theory of neurosis* (pp. 193-215). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Obsession and compulsion. In *The psychoanalytic theory of neurosis* (pp. 268-310). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Preenatal conversions. In *The psychoanalytic theory of neurosis* (pp. 311-323). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Psychoneuroses, the neurotic conflict. In *The psychoanalytic theory of neurosis* (pp. 129-192). New York, NY: W. W. Norton.
- Fenichel, O. (1945). Traumatic neuroses. In *The psychoanalytic theory of neurosis* (pp. 117-128). New York, NY: W. W. Norton.
- Fonagy, P. (1991). Thinking about thinking: Some clinical and theoretical considerations in the treatment of a borderline patient. *International Journal of Psychoanalysis*, 2, 639-656.
- Freud, S. (1959). Some general remarks on hysterical attacks. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud* (Vol. 9, pp. 227-234). (Original work published 1909)
- Freud, S. (1963). Anxiety. In J. Strachey (Ed. and Trans.), *The standard edition of the complete works of Sigmund Freud*. (Vol. 16, pp. 392-411). (Original work published 1916)
- Giovacchini, P. (1979). The hopeless patient: Schizoid disorders. In *Treatment of primitive mental states* (pp. 96-138). Northvale, NJ: Aronson.
- Grotstein, J. S., Solomon, M. F., & Lang, J. A. (Eds.). (1987). *The borderline patient: Emerging concepts in diagnosis, psychodynamics and treatment*. Hillsdale, NJ: Analytic Press.
- Hamburg, P. (1999). The lie: Anorexia and the paternal metaphor. *Psychoanalytic Review*, 87, 746-769.
- Hartocollis, P. (2002). 'Actual neurosis' and psychosomatic medicine. *International Journal of Psycho-Analysis*, 83, 1361-1373.
- Herzog, D. (1988). Eating disorders. In A. M. Nicholi (Ed.), *The new Harvard guide to psychiatry* (pp. 434-445). Cambridge, MA: Harvard University Press.
- Jacobson, E. (1954). Contribution to the metapsychology of psychotic identification. *Journal of the American Psychoanalytic Association*, 2, 239-262.
- Jacobson, E. (1971). *Depression: Comparative states of normal, neurotic and psychotic conditions*. Madison, CT: International Universities Press.
- Joseph, B. (1959). An aspect of the repetition compulsion. *International Journal of Psychoanalysis*, 40, 213-222.
- Joseph, B. (1960). Some characteristics of the psychopathic personality. *International Journal of Psychoanalysis*, 41, 526-531.
- Kahn, M. (1981). From masochism to psychic pain. *Contemporary Psychoanalysis*, 17, 413-421.
- Kaufman, (1963). The defensive aspects of impulsivity. *Bulletin of the Menninger Clinic*, 27, 24-32.
- Kernberg, O. (1967). Borderline personality organization. *Journal of the American Psychoanalytic Association*, 15, 641-685
- Kernberg, O. (1975). Borderline personality organization: The syndrome. In *Borderline Conditions and Pathological Narcissism* (pp. 3-48). Northvale, NJ: Aronson.
- Kernberg, O. (1991). The psychopathology of hatred. *Journal of the American Psychoanalytic Association*, 39S, 209-238.
- LaPlanche, J. (1974). Panel on hysteria today. *International Journal of Psychoanalysis*, 55, 459-469.
- MacKinnon, R. A., & Michels, R. (1971). The depressed patient. In *The psychiatric interview in clinical practice* (pp. 174-195). Philadelphia, PA: Saunders.

- MacKinnon, R. A., & Michels, R. (1971). The hysterical patient. In *The psychiatric interview in clinical practice* (pp. 110-124). Philadelphia, PA: Saunders.
- Mahler, M. (1971). A study of the separation-individuation process and its possible application to borderline phenomena in the psychoanalytic situation. *Psychoanalytic Study of the Child*, 26, 403-424.
- Meloy, J. R. (1988). *The psychopathic mind: Origins, dynamics and treatment*. Northvale, NJ: Aronson.
- Milrod, B. (1995). The continued usefulness of psychoanalysis in the treatment armamentarium for panic disorder. *Journal of the American Psychoanalytic Association*, 43, 151-162.
- Nydes, J. (1963). The paranoid-masochistic character. *Psychoanalytic Review*, 50, 215-251.
- Reich, W. (1949). Some circumscribed character forms. In *Character analysis* (3rd enlarged ed.) (pp. 189-207). New York, NY: Orgone Institute Press.
- Schmideberg, M. (1959). The borderline patient. In S. Arieti (Ed.), *American handbook of psychiatry*, Vol. 1 (pp. 398-416). New York, NY: Basic Books.
- Shapiro, D. (1965). Impulsive styles. In *Neurotic styles* (pp. 134-175). New York, NY: Basic Books.
- Shengold, L. (1985). Defensive anality and anal narcissism. *International Journal of Psychoanalysis*, 66, 47-73.
- Spotnitz, H. (1960). The neurotic child. In M. B & G. B. Gottsegen (Eds.), *Professional school psychology*, Vol. 1. New York, NY: Grune & Stratton.
- Spotnitz, H. (1976). The borderline schizophrenic (diagnostic considerations). In *Psychotherapy of Preoedipal Conditions* (pp. 271-273). Northvale, NJ: Aronson.
- Spotnitz, H. (1985). Recognition and understanding of resistance. *Modern Psychoanalysis of the Schizophrenic Patient* (2nd ed.) (pp. 143-162). New York, NY: Human Sciences Press.
- Tauber, E. S. (1981). Symbiosis, narcissism, necrophilia. *Journal of the American Academy of Psychoanalysis*, 9, 33-49.
- Weinshel, E. M. (1988). The many borders of borderline: On the virtues of modesty in psychoanalytic diagnosis. *Psychoanalytic Inquiry*, 8, 333-352.
- Wilson, C. P., & Mintz, I. L. (Eds.). (1989). *Psychosomatic symptoms: Psychodynamic treatment of the underlying personality disorder*. Northvale, NJ: Aronson.

A teaching method comprises the principles and methods used by teachers to enable student learning. These strategies are determined partly on subject matter to be taught and partly by the nature of the learner. For a particular teaching method to be appropriate and efficient it has to be in relation with the characteristic of the learner and the type of learning it is supposed to bring about. Suggestions are there to design and selection of teaching methods must take into account not only the nature