Conversion: A Spiritual Journey

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The spiritual journey is one of transformation and awakening. We are aware that the self that begins the spiritual journey is not the same as the one that ends it—with changes in identity, life experience and capacity for love. David G. Benner, author of the three books in The Spiritual Journey set says it this way: "Christian spirituality is taking on the mind and heart of Christ as we recognize Christ as the deepest truth of our being. It is actualizing the Christ who is in us. A spiritual journey is a journey you would take to find out who you are, what your problems are in life, and how to come to peace with the world. The purpose of a spiritual journey is rarely to find an answer; rather, it is a process of continually asking questions. This article will not tell you what your spiritual journey should look like, but will give you tools that you may find important in structuring your journey. Steps. Method 1. Conversion is the culmination of a journey. Different ways to describe the spiritual journey. In the last few years, I've seen many different authors describe the spiritual journey. Gary Rohrmayer's book (Spiritual Conversations) maps out a spiritual journey to Christ in descriptive phrases. Hostile. Curious. Actively Seeking. Surrender. Obstacles to conversion are either misunderstanding or rejection of these key truths. The activity of God along the way moves people through the key truths. [Emphasis mine] . . . The journey will not be the same for any individual, people group, worldview, or culture. For each individual, the misconceptions and reasons for rejecting the gospel may change, but each person must make the journey along the center column.